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The Belly Fat Cure Sugar & Carb Counter: With 100s of New Items Added! (Updated ed)

By Jorge Cruise

Hay House Inc. Paperback. Book Condition: new. BRAND NEW, The Belly Fat Cure Sugar & Carb Counter: With 100s of New Items Added! (Updated ed), Jorge Cruise, Based on the New York Times bestseller The Belly Fat Cure (over 240,000 copies sold) that is changing the way America eats, this simple supermarket guide gives you the power to release stubborn belly fat fast and forever. Complete with Jorge's secret to guaranteed weight loss, the Belly Good MenuT, this guide makes eating smart effortless and the hunt for fat-melting foods as easy as turning a page. Discover the breakthrough that has banished hundreds of thousands of bellies already, and get the real skinny on more than 6,000 supermarket items, including pizza, burgers, salads and sandwiches .so you, too, can transform your life while still eating the foods you love! Now updated with all of today's latest products, this is the breakthrough you need to banish your belly.


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