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## The Edible Atlas: Around the World in Thirty-Nine Cuisines (Main)

By Mina Holland

Canongate Books Ltd. Paperback. Book Condition: new. BRAND NEW, The Edible Atlas: Around the World in Thirty-Nine Cuisines (Main), Mina Holland, 'A delight to read' Rachel Khoo Winner of UK's Best Culinary Travel Book in the Gourmand World Cookbook Awards 2015 'When we eat, we travel.' So begins The Edible Atlas. Mina Holland takes you on a journey around the globe, demystifying the flavours, ingredients and techniques at the heart of thirty-nine cuisines. What's the origin of kimchi in Korea? Why do we associate Argentina with steak? What's the story behind the curries of India? Weaving anecdotes and history - from the role of a priest in the genesis of camembert to the Mayan origins of the word 'chocolate' - with recipes and tips from food experts such as Yotam Ottolenghi, Jose Pizarro and Giorgio Locatelli, The Edible Atlas is an irresistible tour of the cuisines of the world for food lovers and armchair travellers alike.



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