



Under the Bridge Backwards: My Marriage, My Family, and Alzheimer's

By Barbara Blanch Roy

7t Books, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. A human story of a marriage and a family coming to terms with frailty and loss, this memoir gives friends and others who want to help a caregiver what they have long wished for: a place to start. Barbara Roy writes, Every caregiver's story is highly personal and different. Telling mine has allowed me to come clean, to tell the truth as I know it, to remember the caregiving experience tenderly and fearlessly, to savor the happy surprises, to wonder at the difficult ones, and to give thanks that I made it through the trials. Despite the grim realities of Alzheimer's disease, the message here is one of hope—that through thoughtful medical care, the love of family, and the support of community, many of the challenges faced by patients and their families can be mediated compassionately, reaffirming the indomitable nature of the human spirit. -Alvin Holm, MD, Medical Director, Medical Behavioral Services, Bethesda Hospital, St. Paul, Minnesota This difficult story has a silver lining: the journey of the caregivers, family, and friends leads to support and resilience. I regret...

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