



## Emotional Intelligence: Develop and Apply Improved Social Skills and Take Control of Relationships in Your Life - 2nd Edition

By Dr Fred Cremone

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Do you wish you had more friends? Is your love life as good as it could be? Do you wish you had a better job? Could your family relationships be better? Then you need Dr. Fred Cremone's latest work Emotional Intelligence: Develop and Apply Improved Social Skills and Take Control of Your Relationships and Your Life. You not only learn what emotional intelligence is, but how to apply it in your life to better your relationships with everyone. First, Dr. Cremone explains what emotional intelligence is. True, all of us have at least a little of this sense, but some of us have a great deal of it. These people are popular, enjoying many friendships and usually dating quite a bit. Dr. Cremone explains why this is, so we have a framework to improve our own social intelligence score. Dr. Cremone starts with an interesting but sensible premise: that we can not relate closely with others while we are consumed with our own stressors. Therefore, in order to develop social acumen, we must seek to control the...

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