



## My Diabetes Organizer: The Essential Planner and Record-Keeper for People with Type 2 Diabetes

By Gina Barbutta, Val Rossi

Hatherleigh Press. Hardback. Book Condition: new. BRAND NEW, My Diabetes Organizer: The Essential Planner and Record-Keeper for People with Type 2 Diabetes, Gina Barbutta, Val Rossi, The Essential Planner and Record-Keeper for People with Type 2 Diabetes A diagnosis of type 2 diabetes means a lifetime of monitoring both diet and blood sugar. Packed with charts, guides, and advice, this complete health management system helps organize and simplify the lives of people with diabetes. With the planning tools in this handbook, patients can keep track of test results, contact information, and medication records. Favorably reviewed by the American Association of Diabetes Educators, the organizer features: -12-month check-up charts-envelopes and pockets for bills, lab test results, doctors' business cards, and more-a 30-day journal to get readers into the routine of daily care By looking beyond bare facts and providing real goals for living with type 2 diabetes, this book serves as a constant companion for vital self-care.



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