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Acting and Reacting: Tools for the Modern Actor

By Nick Moseley

Nick Hern Books. Paperback. Book Condition: new. BRAND NEW, Acting and Reacting: Tools for the Modern Actor, Nick Moseley, An inspiring new approach to acting from a respected drama teacher - concise, succinct and full of practical exercises Nick Moseley is fed up with the way acting is taught in this country: 'In a nation which regards itself as the centre of world theatre, it is disappointing how many actors seem unable to do the job.' He blames the teachers and their underlying philosophy, which tells students: 'This is the training and you must fit yourself to it rather than it to you.' As Head of Acting at a major drama school, he has developed a system that is based on the individual's need to find truth in everything they do, to be 'in the moment' and to react instinctively to the other people on stage. In this book, he takes the best of Stanislavski, David Mamet and Sanford Meisner to fuel his own intensely practical approach. Starting with the technique of Transactional Improvisation, he covers such topics as: The World of the Play Inhabiting the Space Learning to Trust Your Body and Approaches to Text The result is a...


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